



KEY VOCABULARY

worldview

a **way of understanding** and **responding** to the world, shaped by beliefs, values, and experiences

Humanism

a **non-religious worldview** that finds meaning in human life and the natural world, **without belief in God**

empathy

understanding and **sharing how someone else feels** and thinking about how our actions affect others

scepticism

questioning ideas, asking for **evidence** and not accepting claims without thinking carefully about them

celebration

marking or **honouring** an **important event**, such as a wedding or a naming ceremony

morality

knowing the difference between right and wrong and thinking about how our behaviour affects people's wellbeing

Humanist belief

the world is natural and best understood through science

we only have one life, so we should make the most of it

we should use empathy and reason to guide our behaviour

people should be free to choose how to live and celebrate important moments

Explanation

many Humanists believe the universe has natural causes and that science gives the most reliable explanations – they value evidence and encourage questioning

Humanists believe there is no afterlife, so this life is precious – they think people should seek happiness and help others to live well too

Humanists believe morality comes from human needs and feelings, not from God or holy books – they say we should think carefully about how our actions affect others

Humanists value personal freedom and responsibility – their ceremonies, such as weddings and naming ceremonies, are flexible and focus on the people involved rather than religious rules