

Dates for Your

### DIARY



Friday 23rd May 2025 Break up for Half Term

Monday 2nd June Return to school for Summer 2

Thursday 5th June Reading Café

Tuesday 10th June Y1 Hearing Screen NHS Audiology

Thursday 12th June Reading Café

Friday 13th June
Reception eye tests NHS Ophthalmology

Thursday 19th June Reading Café

Friday 20th June Inset Day

Thursday 26th June Reading Café

Thursday 3rd July Reading Café Book Bus at School Family Picnic

Wednesday 9th July KS1 Sports Day

Thursday 10th July Reading Café KS2 Sports Day

Friday 11th July Reception Sports Day

Thursday 17th July Reading Café Leavers Party

Friday 18th July Leavers Assembly Break up for the end of the school year

# **NEWSLETTER**

# A message from the

# PRINCIPAL



Hello everyone,

What a short half-term that has been, but filled with great events including the VE day celebrations!

A big well done to Y6 for their hard work during SAT's week and leading up to the week. The children all tried their best and showed great resilience and determination over the four days with a fantastic attitude and effort. We recognise that children have many skills which SATS do not test and we recognise that always and are very proud of them.

After half term Y4 will be completing the multiplication tables check and Y1 will be completing the phonics screening check. It

is important that children in these year groups attend each day of the first week back.

With the warmer, sunnier weather we have had, and hope to have next half term, can children please have suncream applied at home before school and bring a cap or hat for outside (please label this clearly with their name) along with their water bottle which they can refill during the day.

Mrs K Benton

Principal

#### **Sports Days**

Wednesday 9th July - KS1 (Year 1 and Year 2)

Thursday 10th July - KS2 (Year 3, Year 4, Year 5 and Year 6)

Friday 11th July - EYFS (Reception)





# Safeguarding

This Month's Focus - Emotions

# 10 Top Tips for Parents and Educators SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

#### 1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.

#### MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.

### MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.

#### 4 USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.

#### 5 PRACTISE EMPATHY

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.

# 6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.

### TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.

#### 8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.

#### 9 USE VISUAL AIDS

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.

## 10 CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.

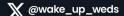
#### Meet Our Expert

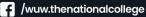
Adam Gillett is Associate Vice-Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.



Wake Up Wednesday

The National College











# Our class activities









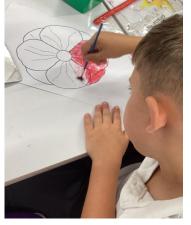


# **VE Day Celebrations**













# Lunch Menu

#### Jubilee Primary Academy Menu Week One





Menu for Week Commencing: 24th Feb, 17th Mar, 7th Apr, 12th May, 9th Jun, 30th Jun



#### Monday

Cheese & Tomato Pizza

Served with Crispy Wedges & Coleslaw

#### Tuesday

Chicken Tikka Masala Served with Basmati Rice Broccoli & Sweetcorn

#### Wednesday

Herby Roasted Chicken Served with Spring Cabbage, Carrots, Roast Potatoes & Gravy

#### **Thursday**

Prime Beef Cottage Pie Served with Green Beans & Honey Roast-Parsnins

#### Friday

Southern Fried Chicken Served with Oven Baked Chips, Baked Reans & Peas



Tasty Quorn Bolognaise (V) Served with Wholemeal Pasta, Carrots & Peas

Creamy Cauliflower & Macaroni Cheese (V) Served with Broccoli & Sweetcorn

Quorn Roast (V) Served with Spring Cabbage, Carrots, Roast Potatoes & Gravy

Shepherdess Pie (V) Served with Green Beans & Honey Roast-Parsnips

Crispy Quorn Dippers (V) Served with Oven Baked Chips, Baked

Beans & Peas



Jacket potatoes with a choice of hot & cold toppings, freshly made salad selection, crusty baked bread, cheese & biscuits, fresh fruit & yoghurts. Made to order sandwiches are also readily available.

Alternative dietary options are available on request



Dessert

Oatev Apple Crumble with Custard

Strawberry Jelly

Lemon Drizzle Cake

Fruity Flaniack Served with Custard Frozen Fruit Yoghurt

### Jubilee Primary Academy Menu Week Two

Menu for Week Commencing: 3rd Mar, 24th Mar, 28th Apr, 19th May, 16th Jun, 7th Jul







#### Monday

Salmon Goujons or Fish **Fingers** 

Served with Crispy Wedges & Minted Peas

#### **Tuesday**

Beef Keema Served with Naan Bread, Fluffy Rice, Broccoli & Sweetcorn

#### Wednesday

Sausage & Yorkshire

Served with Mashed Potatoes Mixed Vegetables & Gravy

#### Thursday

Tex-Mex Enchiladas Served with Corn on the Cob & Red Cabbage

#### Friday

Southern Fried Chicken Served with Oven Baked Chips, Baked Beans & Peas



Margherita Pizza (V) Served with Crispy Wedges & Coleslaw

Mac 'N' Cheese (V) Served with Garlic Bread, Broccoli & Sweetcorn

#### Quorn Sausage & Yorkshire Pudding (V)

Served with Mashed Potatoes Mixed Vegetables & Gravy

Bean Enchiladas (V) Served with Corn on the Cob & Red Cabbage Cheese & Onion Slice (V) Served with Oven Baked Chips, Baked Beans & Peas



Jacket potatoes with a choice of hot & cold toppings, freshly made salad selection, crusty baked bread, cheese & biscuits, fresh fruit & yoghurts. Made to order sandwiches are also readily available.

Alternative dietary options are available on request



Dessert

Chocolate & Banana Marble Cake with Custard

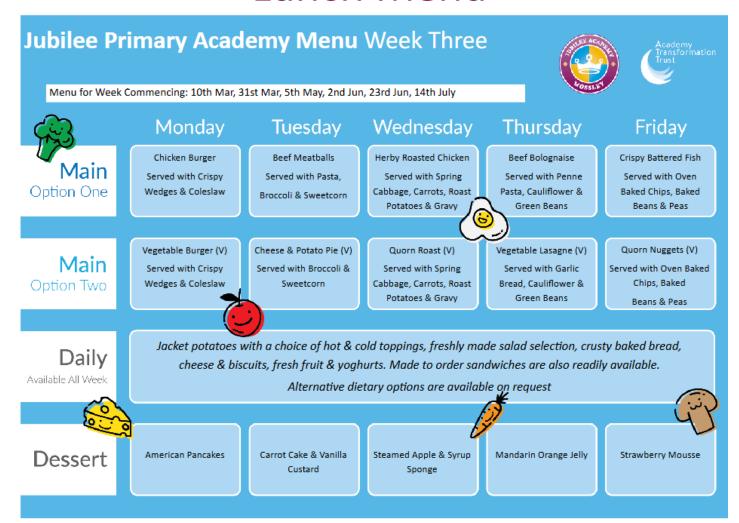
Creamy Rice Pudding & Fruit

Pineapple Up-Side Down Pudding with Custard

Ice-Cream & Mini Cookie



# Lunch Menu



Polite reminder: Scooters and bikes must be walked into school from the school gates.



Please be considerate to our neighbours and children



The safety of our pupils and families holds the highest priority for us. PLEASE help us to keep everyone safe by parking appropriately and safely.

# Club Timetable

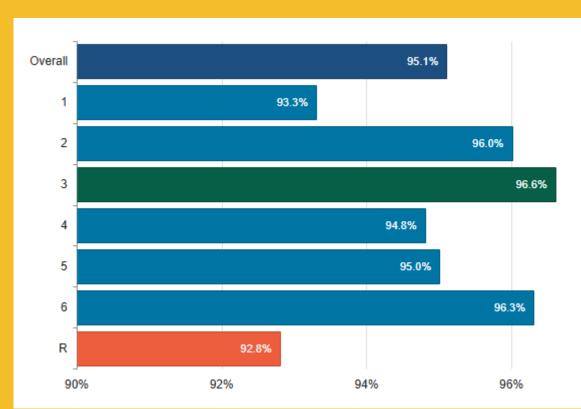
	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Y3 Football	Y4 Football	Y5 Football	Y6 Football	
After School	Times Table Club Y4		Mini Trampoline Club Sports Coach		

# 

# **ATTENDANCE**

#### Reminders:

- Absences must be notified by 9am by phone call or email
- Please notify the office in advance of any appointments to be able to code this as medical we have to have confirmation of the appointment.
- The doors close at 8.50am and any child arriving after this time will receive a L code.
- If your child arrives after 9.20am, they will receive a U code which will affect their attendance.
- Please ensure children arrive on time as being late disrupts not only their learning but that of the whole class.
- Children must be collected on time at the end of the day if you are running late due to exceptional circumstances please call the office by no later than 2..45pm



Children with attendance below 90% will become categorised as persistently absent (PA).

Missing school will make your child fall behind in lessons and will impact on their academic progress. If your child's attendance has dropped below 95%, school will make contact to raise concerns and offer support.

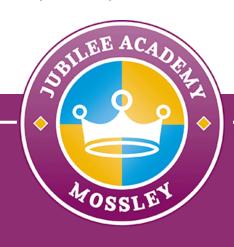
An attendance letter will be sent and school will no longer approve absences unless medical evidence is submitted.

# Dates 2024/25

	<u>OPEN</u>	CLOSE
Summer Term 2024	Monday 8 <sup>th</sup> April Monday 3 <sup>rd</sup> June	Friday 24 <sup>th</sup> May Monday 22 <sup>nd</sup> July
Autumn Term 2024	Monday 2 <sup>nd</sup> September Monday 4 <sup>th</sup> November	Friday 25 <sup>th</sup> October Friday 20 <sup>th</sup> December
Spring Term 2025	Monday 6 <sup>th</sup> January Monday 24 <sup>th</sup> February	Friday 14 <sup>th</sup> February Friday 11 <sup>th</sup> April
Summer Term 2025	Monday 28 <sup>th</sup> April Monday 2 <sup>nd</sup> June	Friday 23 <sup>rd</sup> May Monday 21 <sup>st</sup> July

#### **Inset Days 2024/25**

Monday 2nd September 2024
Friday 29th November 2024 – Trust PD day
Monday 6th January 2025
Friday 28th March
Friday 20th June 2025- Trust PD day
Monday 21st July 2025





JUB-postbox@attrust.org.uk



01922 710357



jubilee.attrust.org.uk



@AcademyJubilee





Tintern Crescent, Bloxwich, Walsall West Midlands, WS3 2SQ