





## PE

## Gymnastics

Develop flexibility, strength, technique, control and balance by learning and performing a range of different jumps and leaps, a range of rolls and different vaulting movements.

Develop flexibility, strength, technique, control and balance by learning and performing effective linking actions as part of a sequence.

Compare their performances with previous ones and demonstrate improvement to achieve their personal best by choosing ideas to compose a movement sequence.

## Real Experience Stunning Start

Visit from 'One Day Creative' - drama based workshops. The day will cover the following areas of learning -Meeting the people - Exploring the different people in Greek society and the world in which they lived. Meeting the Gods - discovering the different Gods of Ancient Greece and their origin story. The Tale of Medusa. How did the Ancient Greeks change the world? The Olympic Games, Government & Democracy and Greek Theatre.

